

Virginia Judges and Lawyers Assistance Program

Annual Retreat

September 17th and 18th 2020





Joining the Webinar With Vide

Webinar attendees do not need their own Zoom account to join. You can join from any desktop, laptop, mobile device, or Zoom Room.

1. After registering for the webinar, you will have received a unique link sent to you in your confirmation/reminder e-mail link to join.
2. When it is time to join the webinar, open your email and click the unique link sent to you in your confirmation/reminder e-mail. (We recommend doing this 5-10 minutes before the start time).
3. If this is your first time on Zoom, you will need to click 'download & run Zoom'.
4. Click on the downloaded file. Zoom may then take a few minutes to install.
5. Once downloaded, Zoom will automatically take you to the webinar.



Use the Unique Link Emailed to You to Login

Registration Confirmation Email
"Click Here to Join"

Hi Janet VC,

Thank you for registering for "VJLAP Annual Retreat - September 17th & 18th (Virtual) - Eastern Daylight Time".

Please submit any questions to: jvancuyk@vjlap.org

Date Time: Sep 17, 2020 01:00 PM Eastern Time (US and Canada)
Every day, until Sep 18, 2020, 2 occurrence(s)
Sep 17, 2020 01:00 PM
Sep 18, 2020 01:00 PM

Please download and import the following iCalendar (.ics) files to your calendar system.
Daily: https://zoom.us/webinar/tUJpc-uogT8sHNQTSmDVuYPCCEVwGXWIR078/ics?Token=98tyKuCpgj8oGtOrth-HRowcBo-ga_TwtldggsqzobxZGWzPVFcd7JZVHJ9Hi

Join from a PC, Mac, iPad, iPhone or Android device:
[Click Here to Join](#)

Note: This link should not be shared with others; it is unique to you.
[Add to Calendar](#) [Add to Google Calendar](#) [Add to Yahoo Calendar](#)

Description: Thank you for signing up for the VJLAP Annual (virtual) Retreat (2 days; 6 sessions; CLE credit pending).

AGENDA (Eastern Daylight Time):
Thursday, September 17, 2020 (3 sessions)
- 1:00 pm: Ogden (Building a Better Workplace Initiative)
- 2:00 pm: Brennan/McCauley (Proposed Rule Bans Lawyers Having Sex with Clients)
- 3:00 pm: Hood (High Stakes Performance Training)

Friday, September 18, 2020 (3 sessions)
- 9:00 am: Loyd (Addiction Is Not a Moral Failure)
- 10:00 am: Rakes (Codependence in the Legal Profession)
- 11:00 am: Mims (Wellness in Virginia's Legal Community).

Each registrant has a unique login link for accessing the webinar (provided in this e-mail). The login link will allow access to one, some, or all of the six, one-hour sessions. If a link is shared, a subsequent login will result in the active attendee being ejected. New attendees may register up to and during the event; their unique access link will be sent immediately following registration.

For additional information, visit the event page: <https://vjlap.org/event/vjlap-annual-retreat-virtual-via-zoom-webinar/>

Note: This is a recurring webinar. The registration confirmation shows the start time for the beginning of the Annual Retreat. Individual sessions will start at the time indicated on the Retreat Agenda. Participants wishing to attend individual sessions may login at the beginning of each.

Registration Reminder Email
"Click Here to Join"

Hi Janet VC,

This is a reminder that "VJLAP Annual Retreat - September 17th & 18th (Virtual) - Eastern Daylight Time" will begin in 1 hour on:
Date Time: Sep 17, 2020 01:00 PM Eastern Time (US and Canada)

Join from a PC, Mac, iPad, iPhone or Android device:
[Click Here to Join](#)

Note: This link should not be shared with others; it is unique to you.
[Add to Calendar](#) [Add to Google Calendar](#) [Add to Yahoo Calendar](#)

Or join by phone:

US: +1 646 876 9923 or +1 301 715 8592 or +1 312 626 6799 or +1 253 215 8782 or +1 346 248 7799 or +1 408 638 0968 or +1 669 900 6833
Webinar ID: 914 4207 4660
International numbers available: <https://zoom.us/j/91442074660>

The registration link will work for one continuous or each individual session on each day. Please use the attendee link provided to you in this email so your attendance may be tracked for CLE credit processes only. CLE credit is pending and certificates will be sent to session attendees when available.

You can [cancel](#) your registration at any time.



Joining the Webinar by Telephone Only

- Dial: **(646) 558-8656**
- You will be prompted to enter the meeting ID - the nine (9) or ten (10) digit ID provided to you by the host
- You will be prompted to enter your unique participant ID - Press # to skip

A G E N D A



Thursday, September 17

1:00-2:00 pm

"Building a Better Workplace Wellness Initiative" ([Details](#))

- Margaret H. Ogden, Wellness Coordinator, Virginia Supreme Court

2:00-3:00 pm

"Proposed Rule Bans Lawyers Having Sex with Clients" ([Details](#))

- Renu Brennan, Virginia State Bar Counsel

- Jim McCauley, Virginia State Bar Ethics Counsel

3:00-4:00 pm

"High Stakes Performance Training" ([Details](#))

- Lorie Hood, PhD, CEO Responders First; Founder, The Hood Group

Friday, September 18

9:00-10:00 am

"Addiction is Not a Moral Failure" ([Details](#))

- Stephen Loyd, MD, Medical Director, Journey Pure

10:00-11:00 am

"Codependence in the Legal Profession" ([Details](#))

- Jeremy Rakes, Director, Alabama Lawyers Assistance Program

11:00 am-noon

Wellness in Virginia's Legal Community ([Details](#))

- Honorable William Mims, Justice, Virginia Supreme Court

Moderator: Tracy Winn Banks, Virginia CLE, Continuing CLE by the Virginia Law Foundation



Annual Retreat Logistics

- Unique Login Link
- Communication
 - Question and Answer throughout the webinar
 - info@vjlap.org
- CLE Credit
 - Pending
 - Full session attendance is required
 - Certificates will be e-mailed
- Written Materials
 - Available on each sessions event page on the VJLAP website calendar
 - <https://vjlap.org/events/>
- Retreat Contact: Janet Van Cuyk; jvancuyk@vjlap.org; 757.775.0058



Attendee Communication with Panelists

- Attendees may communicate with the panelists through the webinar's Question and Answer feature and to VJLAP through e-mail at info@vjlap.org.
- Questions presented during the presentations will be answered throughout and after each presentation.



Using the Question & Answer Feature

You can pose questions to the host and panelists using the Q&A feature. The host or panelist can choose to respond to you privately or send your question and the answer to everyone in the webinar.

- Click the **Q&A** button to open the window.
- Type your **response** to the question in the text field.
- If you want your question to be anonymous, check the **Send Anonymously** checkbox.
- Click **Send**.



CLE Credit

- CLE credit is pending for six individual hours of credit.
- Participants must attend an entire session to receive CLE credit.
- CLE Certificates will be e-mailed to eligible participants once the sessions are approved by MCLE.



Written Materials

Written materials are available for each session on the VJLAP website's event calendar under each individual session (<https://vjlap.org/events/>).



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Special Thanks to Our Retreat Sponsors:

The Virginia Law Foundation

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Old Dominion Bar Association

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Special Appreciation to Our Retreat Partners:

Virginia CLE, The Virginia Law Foundation

The Virginia Lawyers Wellness Initiative, Office of the Executive Secretary,
Virginia Supreme Court