



**18<sup>th</sup> Annual VJLAP Fall Retreat**  
**“Celebrating Our Heritage”**

**Friday, September 16<sup>th</sup>**

11:30 am-12:30 am	Registration and Lunch	
12:30 pm-1:10 pm	Welcoming Remarks	Tim Carroll
<b>1:10 pm-3:00 pm</b>	<b>Relationships and Addiction: Exploring Codependence*</b>	Joe Stanis
3:00 pm-3:10 pm	<i>Sponsor and Exhibitor Recognition</i>	
<b>3:10 pm-5:00 pm</b>	<b>Substance Use’s Impact on Lawyer Effectiveness*</b>	Tom Roman
5:00 pm	<b><i>Dinner on Your Own</i></b>	
5:30 pm-6:30 pm	Friends of Bill W.	
8:00 pm – 9:00 pm	Celebrating Our Heritage Dessert Reception	David Mercer

**Saturday, September 17<sup>th</sup>**

8:00 am-9:00 am	Friends of Bill W. Gentle Yoga	
8:00 am-12:30 pm	<i>Explore Lynchburg (Breakfast on Your Own)</i>	
<b>12:30 pm-2:20 pm</b>	<b>Judicial Panel: A View from the Bench*</b> <i>(Lunch Provided)</i>	
2:20 pm-2:30 pm	<i>Sponsor and Exhibitor Recognition</i>	
<b>2:30 pm-4:20 pm</b>	<b>Age Is More Than a Number: Addressing the Impact of Aging on Our Practices*</b>	
4:20 pm-4:30 pm	<i>Sponsor and Exhibitor Recognition</i>	
5:30 pm	<i>Transportation to the Craddock Terry</i>	
6:00 pm	Dinner at the Craddock Terry w/ Keynote Address Honoring Our Heritage Founders Ice Cream Social	
9:00 pm-9:30 pm	<b><i>Transportation to the Virginian Hotel</i></b>	

**Sunday, September 18<sup>th</sup>**

7:30 pm-8:30 am	Friends of Bill W.	
8:00 pm-9:00 am	Breakfast	
<b>9:00 pm-11:00 am</b>	<b>The Intersection of Stress, Ethics, and Wellness**</b>	Barbara Mardigian Janet Van Cuyk
11:00 pm-11:15 am	Closing Remarks <i>(Boxed Lunch Provided)</i>	Tim Carroll

*\*CLE Presentations will be concurrently live-streamed (credits pending with VSB MCLE)*  
*\*\* Ethics CLE (approved)*